



## Frequently Asked Questions

### Supportive Living

We know you have many questions as you consider whether Supportive Living at Lambeth House is right for you or someone you know. Since we opened our doors in 1999, our staff has worked with many others in your position and we're eager to help you make the best decision.

To start, we thought we would share short responses to questions we hear most frequently as you might have these questions as well. Please let us know more about your needs, as we are here to help you in any way we can!

#### *Q:* What is Lambeth House?

Lambeth House is a not-for-profit, continuing care retirement community offering independent living, assisted living and nursing care. Lambeth House provides quality, individualized care as needed, lovely residences and common areas, the camaraderie of neighbors and friends, plus a wide array of services and amenities that promote independence, vitality and wellness.

Supportive living, which is emphasized in this Q&A, encompasses both Assisted Living and Nursing Care. Should you be interested in learning more about Independent Living as well, please let us know.

#### *Q:* What is Assisted Living?

Assisted Living is for those who need assistance with a few day-to-day activities, i.e. dressing, bathing, medication reminders, or meal preparation, or for those who have short-term memory loss that hinders them from making appropriate and safe decisions.

## **Q:** What is Nursing Care?

Nursing Care is for those who require more care than Assisted Living can offer. They may be unable to dress, bathe or use the restroom on their own, challenged to manage incontinence, or if diabetic, unable to give themselves insulin anymore.

## **Q:** How do I know which level of care is best - assisted living or nursing care?

Our experienced, caring team of nurses and social workers will work with you to decide which level of care is most appropriate.

## **Q:** What are the advantages of community care vs. home care?

Traditional houses and neighborhoods do not very well accommodate persons who are aging in place, especially as the need for care intensifies. In-home care, while helpful, addresses health challenges only, not one's desire to connect with peers or participate in social and recreational pursuits. *Lambeth House is a better alternative* – it frees residents and their family members from the challenges of home maintenance and home-based care, so they can relax and enjoy the pleasures of living, with more comfort, fulfillment and peace of mind.

Our residences and common areas are appealing and smartly designed, and care services are available here full time – *all day, every day*. Plus, a variety of enriching events and programs fill each day with opportunities to participate, engage, learn and explore.

## **Q:** Do you accept Medicaid, Medicare or long-term care insurance?

We are a private pay community and do not accept Medicaid or Medicare. If you have Long Term Care Insurance, the insurance company will reimburse you for Assisted Living or Nursing Care, per the terms of your policy.

## **Q:** What is included in the monthly fee?

Our monthly fee provides for the following: three meals a day, daily housekeeping and bed making, utilities and cable TV, laundry, activities and wellness programming, scheduled transportation, full-time care, and assistance with activities of daily living (dressing, bathing, etc.).

The monthly fee does not include prescription medications, personal medical supplies and phone service.

**Q:** There is an entrance fee for moving into Lambeth House Independent Living. Is there one required for moving into supportive living (assisted living or nursing care)?

No, there is no entrance for supportive living. There is a monthly fee and it is possible to move directly into assisted living or nursing care without the entrance fee required for Independent Living.

**Q:** How do I know that my friend/family member's care needs are being met?

You can always check in—in person or by phone. We will provide phone contact information for you for the main desk, and the Director of Assisted Living or Nursing Care. And, you can rest assured that a caring member of our staff is always nearby to visit, encourage, lend a hand, or just offer a smile!

**Q:** When can I visit?

ANYTIME. Once a resident moves in, Lambeth House is their home and they are free to welcome you as often as you would like to visit!

**Q:** Are short-term stays available?

Yes. We welcome you or your friend/family member to try Lambeth House for a temporary stay or respite care.

**Q:** Do you have an evacuation plan?

Absolutely. Should the need arise, assisted living and nursing care residents have the choice of evacuating with Lambeth House or with family. If they evacuate with Lambeth House, assisted living residents go to St. James Place and nursing care residents go to St. Clare's Manor, both of which are highly regarded and well-established communities located in Baton Rouge. Our evacuation plan is fully explained on our website, [www.LambethHouse.com](http://www.LambethHouse.com).

For more information,  
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